



宣揚中醫戒煙 對抗煙草依賴

Promoting Traditional Chinese Medicine to stub out smoking habits

博愛醫院致力推廣中醫戒煙服務至今已接近十年，並實行無煙工作間政策，將無煙信息滲透至博愛醫院轄下各服務單位、全線中醫診所及流動醫療車。同時，在董事局的支持下推出「博愛無煙大使」推廣計劃，旨在動員職員成為無煙大使，鼓勵有吸煙習慣的職員、親友及服務對象等儘早戒煙。此外，亦借助每年度博愛醫院舉辦的焦點活動及其社區的影響力加強向公眾宣傳煙害資訊，包括近年新興電子煙及加熱煙之患病風險。

Pok Oi Hospital is determined to promote smoking cessation services with Traditional Chinese Medicine for nearly ten years. Alongside this, the hospital implemented smoke-free workplace policy and infiltrated smoke-free messages to all service units, chinese medicine clinics and mobile polyclinics. Recognizing the support from the Board of Directors, “Pok Oi Smoke-free Ambassador” promotion program was launched to mobilize staff to sign up as ambassadors to encourage their smoking colleagues, relatives and friends to quit as early as possible. Through annual signature events and its extensive community networks, the hospital has enhanced the public understanding of smoking effects including the risks of e-cigarettes and heat-not-burn tobacco products.



博愛醫院 — 中醫服務
Pok Oi Hospital - Chinese Medicine Service