



互相鼓勵 戒煙事半功倍

Promotes mutual support in team to boost successful quit rate

超敏科技有限公司以「愛無煙」理念，透過教育、鼓勵及啟發，推動全公司達致零吸煙率。公司定期邀請戒煙服務機構安排講座，更於辦公室洗手間門前展示巨型「香港無煙領先企業大獎」獲獎海報，以表揚同事共同努力的成果。公司亦經常鼓勵員工參與無煙推廣、義工活動等，體驗助人自助的意義，並安排已戒煙的員工於老人院分享成功經驗。同時，管理層積極鼓勵員工戒煙，亦提供生果及小食作紓緩煙癮之用，成功戒煙的員工更獲液晶電視作獎勵。超敏科技相信，通過同儕間互相鼓勵，有助戒除吸煙惡習。

Ultra Active Technology Limited has been advocating a smoke-free culture through education, encouragement and inspiration to achieve zero smoking rate. The company conducted health talks regularly and a wall-size poster of the "Hong Kong Smoke-free Leading Company Awards" was set up outside the restroom to commend the joint efforts of employee on spreading smoke-free messages. Employees were also motivated to participate in diversified smoke-free activities and volunteer work. They shared successful quit experiences in elderly centres. Besides, top management actively encouraged employees to take bold steps to quit and provided complimentary healthy snacks and fruits to ease their withdrawal symptoms. Successful quitter was awarded a LCD television as an encouragement. The company believes that mutual support among the team can definitely help employees to stop smoking.



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