

# Hong Kong Smoke-free

Leading Company Awards 2019

香港無煙領先企業大獎

[www.smokefreeleadingcompany.hk](http://www.smokefreeleadingcompany.hk)



榮譽贊助人 Honourable Patron

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香港 HONG KONG SMOKE-FREE  
無煙 LEADING COMPANY AWARDS  
領先企業大獎



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## 計劃詳情 Programme Details

員工乃企業的重要資產，他們的表現與企業的持續發展及成就息息相關，不少企業均非常重視員工的健康。香港吸煙與健康委員會（委員會）為鼓勵企業／機構向員工、客戶、社會大眾及不同持分者推動無煙文化，以維護公眾健康，於2019年與職業安全健康局及香港電台第一台合辦「香港無煙領先企業大獎」，並獲逾80間不同業界的商會及組織全力支持，一同推動各行各業的企業宣揚無煙文化，為吸煙僱員提供戒煙支援平台，以展示其社會責任，攜手建設無煙香港。

委員會希望透過「香港無煙領先企業大獎」表揚致力維護員工及社會大眾健康的無煙領先企業，締造員工、企業及社會皆贏的局面。自2011年舉辦至今，大獎成功吸引逾1,000間來自不同行業的企業及機構踴躍參與，當中包括政府部門、金融、銀行、旅遊及酒店、餐飲、食品製造、零售、公用事業、地產、物業管理、醫療、環保、運輸、貿易、教育及體育等，成功將無煙信息傳遞予超過17萬名員工。

Employees are important assets of the company and they play a crucial part in the businesses' sustainability and success. Employee's health is one of the top priorities of many companies. Hong Kong Council on Smoking and Health (COSH), with full support of over 80 major commerce chambers and associations in Hong Kong, organizes the "Hong Kong Smoke-free Leading Company Awards" together with Occupational Safety and Health Council and Radio 1 of Radio Television Hong Kong in 2019. The campaign aims to encourage all industries to fulfill social responsibility by promoting smoke-free culture and smoking cessation to their employees, customers, the general public and other stakeholders for a smoke-free Hong Kong.

Leading companies/organizations that have a strong commitment to protecting the health of employees and the general public should be commemorated for their efforts in fostering an all-win situation for employees, business sector and the society. Since 2011, the Awards has attracted over 1,000 forward-looking companies and organizations from different industries to join, including government departments, finance, banking, tourism and hotel, catering, food manufacturing, retail, utility, real estate, property management, healthcare, environmental protection, transportation, trading, education and sports, etc. The programme has been successfully spreading the smoke-free messages to more than 170,000 employees.

## 目標 Objectives

「香港無煙領先企業大獎2019」旨在鼓勵商界持續將無煙信息推廣至員工、客戶、社會大眾及不同持分者，同時表揚於無煙政策上表現傑出的企業／機構。委員會將與多個戒煙服務機構合作，協助企業建立無煙文化及訂定無煙政策，並舉辦多元化的無煙活動及提供不同的戒煙服務予吸煙的員工及持分者，希望鼓勵更多吸煙人士戒煙。表現傑出的無煙領先企業／機構將獲嘉許，成為推動無煙文化的先鋒，為商界樹立榜樣。

"Hong Kong Smoke-free Leading Company Awards 2019" aims to encourage business sector to promote smoke-free messages to their stakeholders including employees, customers and the general public on a continuous basis as well as to commemorate the outstanding companies/organizations for their efforts in implementing smoke-free policies. COSH, partnering with various smoking cessation service providers, will assist businesses in setting smoke-free guidelines and internal policies, organizing smoke-free activities and providing different smoking cessation services to encourage smokers to kick the habit. Outstanding smoke-free companies/organizations will be recognized for their commitment to a smoke-free corporate culture.

## 獎項 Awards

「香港無煙領先企業大獎2019」設有無煙領先企業「**金獎**」、「**銀獎**」及「**優異獎**」。為鼓勵企業 / 機構於社區將無煙信息傳遞至每一角落，提升社會大眾對煙害的認識及鼓勵市民建立無煙生活，大獎今年特設「**傑出無煙社區參與大獎**」以表揚在該範疇表現突出之企業 / 機構。

There are Smoke-free Leading Company **Gold Awards, Silver Awards** and **Certificates of Merit**. To encourage companies/organizations to promote a smoke-free culture among the general public in the community, as well as to educate the public on the smoking hazards and encourage them to live a healthy smoke-free lifestyle, the **Outstanding Smoke-free Community Involvement Award** is introduced this year.

## 評審準則 Judging Criteria

來自委員會、政府、業界及學術界的專業人士組成的獨立評審團將根據參加企業 / 機構在下列範疇的表現進行評審：

An independent Judging Panel, including representatives from COSH, the Government, industry and academia will select the Awards winners based on below criteria:

- 支持及推廣無煙文化予不同持分者（包括員工、客戶及社會大眾）
- 鼓勵員工戒煙及投入無煙生活
- 制定及執行持續的無煙政策
- Support and promote smoke-free culture to stakeholders (including employees, customers and the general public)
- Encourage employees to quit smoking and live a smoke-free lifestyle
- Develop and enforce sustainable smoke-free policies

### 「傑出無煙社區參與大獎」評審準則

#### Judging Criteria of "Outstanding Smoke-free Community Involvement Award"

- 在社區推廣無煙文化有傑出貢獻
- 無煙社區活動所接觸的受惠者群組及參與人數
- Outstanding achievement on the promotion of smoke-free culture in the community
- Number of general public involved in the smoke-free community activities

## 時間表 Schedule





## 「香港無煙領先企業大獎」歷屆成果

### Highlights of Awards in Previous Years

“ 動員企業力量 宣揚無煙文化  
Mobilize the corporate power to  
advocate a smoke-free culture ”

委員會早於2004年及2006年先後推行「全港無煙工作間領先企業大獎」及「全港領先中小企無煙工作間大獎」，鼓勵企業自發推動無煙工作間政策。參與企業反應熱烈，對計劃口碑載道，足見各行各業對無煙文化的重視。為持續推動無煙香港，委員會於2011年正式舉辦首屆「香港無煙領先企業大獎」。現在一同回顧各屆大獎的成果：

COSH organized the “Smoke-free Workplace Leading Company Awards” and the “Smoke-free Workplace SME Company Awards” in 2004 and 2006 respectively, with an aim to encourage business sector in advocating smoke-free workplace policy proactively. The programmes received overwhelming responses from the business sector supporting promotion of a smoke-free culture. The Hong Kong Smoke-free Leading Company Awards was first launched in 2011 to promote a smoke-free Hong Kong development. Let’s review the highlights of Awards in previous years:

大獎 Awards	2011	2013	2016
參與公司 / 機構數目 No. of participated companies/organizations	> 210	> 340	> 480
受惠員工人數 No. of beneficiaries	> 52,500	> 60,400	> 65,000

#### 大獎 Awards 2011



首屆大獎獲得有4,000名會員的香港總商會全力支持，鼓勵香港各大小企業積極支持無煙文化，在商界樹立榜樣。

The first Awards was fully supported by Hong Kong General Chamber of Commerce with 4,000 corporate members, to urge the business sector acting as industry role models to show their support on smoke-free culture.

## 大獎 Awards 2013



「香港無煙領先企業大獎2013」由委員會與香港電台第一台合辦，參與的企業推行多元化的無煙措施，包括設計無煙標誌、推出「戒煙老友」計劃等，成效顯著，贏得員工踴躍支持，並積極與同業分享推動無煙文化的經驗。

COSH co-organized the Hong Kong Smoke-free Leading Company Awards 2013 with Radio 1 of Radio Television Hong Kong. A variety of effective and creative smoke-free measures had been implemented and were

welcomed by the employees, e.g. designing a smoke-free logo and organizing Cessation Buddy programme etc. The companies also proactively shared the fruitful experience with their counterparts.

來自業界及學術界的講者於啟動禮暨「企業效益與品牌價值提升」講座上與企業代表分享如何透過關懷員工健康及推動無煙文化，提高企業效益及提升品牌價值。

Speakers from the industry and academia shared ways to enhance efficiency and brand value of the corporation through caring for employees' well-being and promoting smoke-free culture at the kick-off event cum seminar in Awards 2013.



## 大獎 Awards 2016



「香港無煙領先企業大獎2016」與職業安全健康局合辦，吸引了四百多間企業及機構參與，較2011年上升超過一倍，成功凝聚各企業的無煙力量，將無煙信息傳遍至香港每一個角落。

COSH co-organized the Hong Kong Smoke-free Leading Company Awards 2016 with Occupational Safety and Health Council. Over 400 companies joined the Awards 2016, a double increase as compared with 2011, which successfully united the smoke-free

power from business sector and spread the smoke-free message to every corner of our community.

委員會針對吸煙率較高之行業度身訂造宣傳推廣活動，推出「建造無煙力量」計劃，成功將無煙信息傳遞予逾16,000名建造業工友。

A tailored programme, Smoke-free Construction Force, was also launched in 2016 to disseminate smoke-free messages among 16,000 construction workers which the industry's smoking prevalence is high.





## 報名詳情 Application Details

### 參加資格 Eligibility

歡迎所有在香港註冊及營運之企業、機構及政府部門參加。參加機構必須於**2017年1月1日至2019年9月30日期間內推行最少一項無煙政策**。

All companies, organizations and government departments which operate and have registered in Hong Kong with **at least one smoke-free policy implemented during 1 January 2017 to 30 September 2019** are eligible.

### 報名辦法 How to Apply

有意參加的企業 / 機構可於 [www.smokefreeleadingcompany.hk](http://www.smokefreeleadingcompany.hk) 網上報名，或填妥簡介書內頁附上的參加表格，連同有關資料郵寄(香港灣仔皇后大道東183號合和中心44樓4402-03室)、電郵 ([project@cosh.org.hk](mailto:project@cosh.org.hk)) 或傳真 (2575 3966) 至香港吸煙與健康委員會。

Interested companies/organizations can apply online at [www.smokefreeleadingcompany.hk](http://www.smokefreeleadingcompany.hk) or fill in the offline application form in this promotion set, and submit the completed application form together with supplementary information by post (Unit 4402-03, 44/F., Hopewell Centre, 183 Queen's Road East, Wanchai, Hong Kong), email ([project@cosh.org.hk](mailto:project@cosh.org.hk)) or fax (2575 3966) to COSH.

### 查詢 Enquiry

✉ [project@cosh.org.hk](mailto:project@cosh.org.hk)

☎ 2185 6399



網上報名  
Apply Online

### 提交資料 Information to Submit

- 填妥並簽署及公司蓋印的參加表格
- 補充文件或相關資料 (如執行無煙政策相關的資料或相片)
- Completed and signed application form with company chop
- Supplementary information (e.g. details or photos of smoke-free policy)

### 報名費用 Application Fee

全免

Free of charge

### 截止報名日期 Application Deadline

2019年9月30日

30 September 2019

### 評審程序 Judging Process

初步評估  
Preliminary  
Assessment

委員會根據合資格企業 / 機構提交的參加表格資料作初步評估。  
All eligible companies/organizations will be assessed based on the completed application form.

詳細評估  
In-depth  
Assessment

委員會邀請通過初步評估的企業 / 機構提交詳細資料或安排人員到訪視察，就各項評審準則作詳細評估。  
Shortlisted companies/organizations will be requested to submit and/or host observational visits for in-depth assessment.

最後評審  
Final Judging

評估報告將提交予評審團作最後評分。  
The Judging Panel will evaluate the assessment reports for final decision.





申請編號  
Serial Number

(由主辦機構填寫 For Organizer)

## 「香港無煙領先企業大獎2019」參加表格 Hong Kong Smoke-free Leading Company Awards 2019 Application Form

- 請填寫所有部分，如有需要可於第五部分附加補充資料。

Please fill in **all parts** of this form and attach additional information where necessary in Part V.

- 請於**2019年9月30日(一)或之前**，將填妥的參加表格，並連同有關資料郵寄(香港灣仔皇后大道東183號合和中心44樓4402-03室)、電郵(project@cosh.org.hk)或傳真(2575 3966)至香港吸煙與健康委員會。

Please submit the completed application form with supplementary information to COSH by post (Unit 4402-03, 44/F., Hopewell Centre, 183 Queen's Road East, Wanchai, Hong Kong), email (project@cosh.org.hk) or fax (2575 3966) **on or before 30 September 2019 (Monday)**.

請於適當的空格內填上  及刪去不適用

Please put a  in the box and cross where appropriate

### 第一部分：公司 / 機構資料 Part I : Company/Organization Profile

公司 / 機構名稱 Name of company/organization:

中文  
Chinese

英文  
English

公司地址  
Address

行業類別  
Type/Nature of  
business

員工數目  
Total number of  
employees

公司 / 機構網站 (如有)  
Company/Organization  
website (if any)

吸煙員工人數 (如有)  
Number of smoking  
employees (if known)

聯絡人  
Contact person

先生 / 女士 / 小姐  
Mr / Ms / Miss

職銜  
Title

電郵  
Email

電話  
Telephone

## 第二部分：支持及推廣無煙文化之概況

### Part II : Support and Promote Smoke-free Culture

必須於2017年1月1日至2019年9月30日期間內完成第二部分至第五部分中最少一項無煙政策。第二部分至第六部分可選多於一項（如適用）。  
It is required to implement at least one smoke-free policy from part II to part V between 1 January 2017 and 30 September 2019. More than one option for part II to VI can be chosen (if applicable).

#### 1. 貴公司 / 機構有否向大眾宣傳及推廣無煙文化和建立無煙生活的重要性？

**Does your company/organization promote the importance of smoke-free culture and lifestyle to the general public?**

有，包括以下：  
Yes, including the following channel(s):

沒有  
No

於公司通訊 / 刊物宣傳及推廣  
Promote through circulars/publications

於公司網頁 / 內聯網宣傳及推廣  
Promote through website/intranet

於公司社交媒體宣傳  
Promote through social media platforms

透過公司舉辦的活動，並於社區內向大眾宣傳及推廣（請填寫以下資料）  
Promote through event(s) in the community (Please fill in the following information)

活動名稱  
Event name

舉辦日期  
Date

地點  
Venue

受惠群眾  
Target audience

參與人數  
Number of participants

形式  
Format

如曾舉辦多於一項社區活動或如欲提供詳細資料及相片，可於第五部分內補充  
If more than one community event had been organized, please submit supplementary information and photos (if any) in Part V.

其他，請註明  
Others, please specify

#### 2. 貴公司 / 機構有否參與下列活動支持及推廣無煙文化？

**Did your company previously participate in the following event(s) to support and promote smoke-free culture?**

有，包括以下：  
Yes, including the following event(s):

沒有  
No

「香港無煙領先企業大獎」  
Hong Kong Smoke-free Leading Company Awards

2011  2013  2016

「世界無煙日」活動（請註明年份：\_\_\_\_\_）  
World No Tobacco Day Activities (Please specify the year: \_\_\_\_\_)

「建造無煙力量」計劃（2016 - 2017年）  
Smoke-free Construction Force Programme (Year 2016 - 2017)

「無煙飲食力量」計劃（2017 - 2018年）  
Smoke-free Catering Force Programme (Year 2017 - 2018)

「無煙車樂部」計劃（2018 - 2019年）  
Smoke-free Drivers Club Programme (Year 2018 - 2019)

其他，請註明  
Others, please specify

### 第三部分：鼓勵員工戒煙及投入無煙生活

### Part III : Encourage Employees to Quit Smoking and Live a Smoke-free Lifestyle

#### 3. 貴公司 / 機構有否為員工提供有關煙草禍害及戒煙的資訊？

Does your company/organization provide information to employees on hazards of smoking and smoking cessation?

- 有，包括以下：  
Yes, including the following:
- 沒有  
No
- 張貼海報 / 資訊  
Display poster/information on notice boards
  - 派發宣傳單張  
Distribute promotion leaflet(s)
  - 於公司通訊 / 刊物 / 內聯網內宣傳  
Promote through emails/publications/intranet
  - 於公司社交媒體宣傳  
Promote through social media platforms
- 其他，請註明  
Others, please specify \_\_\_\_\_

#### 4. 貴公司 / 機構有否定期舉辦以下支持及推廣無煙文化的活動予員工參加？

Does your company/organization organize the following smoke-free event(s) for employees on a regular basis?

- 有，包括以下：  
Yes, including the following event(s):
- 沒有  
No
- 舉辦無煙健康講座 \_\_\_\_\_ 次 / 每年  
Organize smoke-free health talk(s) \_\_\_\_\_ time(s) a year
  - 舉辦宣揚無煙信息的活動 \_\_\_\_\_ 次 / 每年  
Organize smoke-free event(s) \_\_\_\_\_ time(s) a year
  - 舉辦員工戒煙活動 \_\_\_\_\_ 次 / 每年  
Organize smoking cessation event(s) to employees \_\_\_\_\_ time(s) a year
- 其他，請註明 \_\_\_\_\_ 次 / 每年  
Others, please specify \_\_\_\_\_ time(s) a year

#### 5. 已成功戒煙之員工人數 (如有資料)

Number of successful quitters (if known)

\_\_\_\_\_

#### 6. 已轉介至戒煙服務機構之員工人數 (如有資料)

Number of referral cases to smoking cessation partners (if known)

\_\_\_\_\_

7. 貴公司 / 機構有否實施以下措施鼓勵員工戒煙？

Does your company/organization have any of the following measure(s) to encourage employees to quit smoking?

- 成立無煙工作小組協助推行員工戒煙計劃，以及定期審查計劃的進度  
Set up smoke-free task force to promote smoking cessation and conduct regular evaluation in workplace

實施日期 Implementation date :

\_\_\_\_\_年 Year \_\_\_\_\_月 Month – \_\_\_\_\_年 Year \_\_\_\_\_月 Month

- 定期收集有關員工吸煙習慣的資料  
Collect information about smoking habit of employees on a regular basis

實施日期 Implementation date :

\_\_\_\_\_年 Year \_\_\_\_\_月 Month – \_\_\_\_\_年 Year \_\_\_\_\_月 Month

- 聘請專業人員為員工提供戒煙課程或輔導  
Recruit specialist(s) to provide smoking cessation course/consultation for employees

實施日期 Implementation date :

\_\_\_\_\_年 Year \_\_\_\_\_月 Month – \_\_\_\_\_年 Year \_\_\_\_\_月 Month

- 資助員工參與戒煙課程或購買戒煙產品  
Subsidize employees to take smoking cessation course/purchase smoking cessation product

實施日期 Implementation date :

\_\_\_\_\_年 Year \_\_\_\_\_月 Month – \_\_\_\_\_年 Year \_\_\_\_\_月 Month

- 為員工提供戒煙轉介服務  
Provide smoking cessation referral service(s) to employees

實施日期 Implementation date :

\_\_\_\_\_年 Year \_\_\_\_\_月 Month – \_\_\_\_\_年 Year \_\_\_\_\_月 Month

- 設立獎賞計劃表揚成功戒煙的員工  
Develop incentive programme(s) to recognize employees who quit smoking successfully

實施日期 Implementation date :

\_\_\_\_\_年 Year \_\_\_\_\_月 Month – \_\_\_\_\_年 Year \_\_\_\_\_月 Month

- 推動非吸煙員工支持吸煙員工戒煙  
Motivate non-smoking employees to support smoking employees to kick the habit

實施日期 Implementation date :

\_\_\_\_\_年 Year \_\_\_\_\_月 Month – \_\_\_\_\_年 Year \_\_\_\_\_月 Month

- 其他，請註明

Others, please specify \_\_\_\_\_

實施日期 Implementation date :

\_\_\_\_\_年 Year \_\_\_\_\_月 Month – \_\_\_\_\_年 Year \_\_\_\_\_月 Month

#### 第四部分：制定及執行無煙政策之概況

#### Part IV : Develop and Enforce Sustainable Smoke-free Policy

##### 8. 貴公司 / 機構的管理層有否支持及參與推廣無煙文化？

Does the management of your company/organization support and participate in promoting smoke-free culture?

有，包括以下：  
Yes, including the following:

沒有  
No

- 以身作則帶頭戒煙支持無煙文化  
Take the lead to quit smoking and support the smoke-free culture
- 讓員工參與制定及訂立無煙政策  
Involve employees in development and execution of smoke-free policy
- 積極參與公共衛生的控煙政策議題  
Engage with tobacco control policy on public health issue
- 定期檢討，評估無煙政策及措施的效益，並主動作出適當的修改  
Conduct evaluation and make necessary amendments on the smoke-free policy
- 其他，請註明  
Others, please specify \_\_\_\_\_

##### 9. 請具體介紹 貴公司 / 機構無煙政策的概念及執行的時間 (如有)。

Please introduce the concept and implementation schedule of the smoke-free policy of your company/organization (if any).

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#### 第五部分：補充資料

#### Part V : Supplementary Information

##### 10. 除了遞交此參加表格外，歡迎一併遞交其他有關支持及推廣無煙文化的補充資料、相片及證書 (如有)。

Please provide other supplementary information including photos/certificates about your company/organization's support and promotion of smoke-free culture in the space below/on separate sheet(s) (if any).

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如有需要，委員會將派員到訪作實地評分或要求 貴公司 / 機構提供補充資料。

If necessary, COSH will conduct observational visit or request your company/organization to provide further information.

## 第六部分：取得關於本活動資訊的途徑

### Part VI : Ways to Get Information About the Awards

#### 11. 本公司透過以下途徑認識「香港無煙領先企業大獎」：

Our company has come to know "Hong Kong Smoke-free Leading Company Awards" through the following channel(s):

主辦單位電郵推廣  
Email from COSH

宣傳海報  
Poster

宣傳小冊子  
Brochure

報刊  
Newspaper

雜誌  
Magazine

電台  
Radio

谷歌  
Google

臉書  
Facebook

活動網站  
Event Website

其他公司轉介  
Referral

其他，請註明  
Others, please specify \_\_\_\_\_

#### 聲明 Declaration :

- 本人謹此聲明上述資料真實無誤。

I hereby declare that the information provided is to the best of my knowledge.

- 本公司/機構同意遵守「香港無煙領先企業大獎2019」的一切規例。

I agree to abide by the terms and conditions that are set out in the Hong Kong Smoke-free Leading Company Awards 2019.

- 本公司/機構同意以主辦機構及評審委員會所作之一切決定為最終裁決。

I agree that all decision made by the Organizer and the Judging Panel are final and binding.

- 若本公司/機構獲選，本人同意主辦機構可發表本公司/機構參選之資料作日後宣傳及推廣之用，並同意協助主辦機構進行有關之宣傳活動。

I agree that the Organizer can use the information provided in this form for the purpose of promotion and publicity of the Awards in the future.

- 根據《個人資料(私隱)條例》(第486章)，參加公司/機構有權要求查詢及更正所提供之個人資料。有關要求，可以書面郵寄至「香港灣仔皇后大道東183號合和中心44樓4402-03室」，向香港吸煙與健康委員會提出。

You have the right to request access to, the correction of, your personal data in accordance with the provisions of the Personal Data (Privacy) Ordinance (Cap 486). Requests for access and correction should be made by letter and sent to the following address: COSH, Unit 4402-03, 44/F., Hopewell Centre, 183 Queen's Rd East, Wanchai, Hong Kong.

簽署者姓名  
Name of signatory \_\_\_\_\_

簽署者職位  
Title of signatory \_\_\_\_\_

日期  
Date \_\_\_\_\_

簽名及公司蓋印  
Signature & Company chop



## 宣傳無煙企業文化及推動戒煙

## Promote Smoke-free Culture and Smoking Cessation

為協助企業宣傳無煙文化及推動員工戒煙，委員會提供健康講座及一系列無煙宣傳品供企業 / 機構申請、索取及借用，詳情可瀏覽「香港無煙領先企業大獎2019」網頁 [www.smokefreeleadingcompany.hk](http://www.smokefreeleadingcompany.hk) 或致電 2185 6399 查詢。另外，如企業 / 機構有意提供戒煙服務予員工，可參考以下多個戒煙服務機構。

COSH provides health talks, exhibition panels, publications and souvenirs to assist companies/ organizations in promoting smoke-free culture and motivate employees to quit smoking. For details, please visit [www.smokefreeleadingcompany.hk](http://www.smokefreeleadingcompany.hk) or contact us at 2185 6399. Companies/Organizations can also contact the smoking cessation service providers below to help employees kick the habit.

### 香港主要戒煙服務機構

### Major Smoking Cessation Service Providers in Hong Kong

 <p><b>衛生署控煙酒辦公室</b> Tobacco and Alcohol Control Office Department of Health</p> <p><b>衛生署綜合戒煙熱線</b> <b>Integrated Smoking Cessation Hotline of the Department of Health</b></p> <p>查詢電話 Quitline : 1833 183 (按1字 Press 1) 網頁 Website : <a href="http://www.taco.gov.hk">www.taco.gov.hk</a></p>	<ul style="list-style-type: none"> <li>• 由註冊護士於辦公時間內提供專業戒煙輔導 Provides counselling on smoking cessation by registered nurses during office hours.</li> <li>• 24小時提供戒煙資訊 Provides 24-hour smoking cessation information.</li> <li>• 可即時測試尼古丁依賴程度 Instantly test the degree of nicotine dependence.</li> </ul>
 <p><b>醫院管理局</b> HOSPITAL AUTHORITY</p> <p><b>醫院管理局戒煙輔導服務</b> <b>Hospital Authority's Smoking Counselling &amp; Cessation Service</b></p> <p>查詢電話 Hotline : 1833 183 (按3字 Press 3) / 2300 7272 網頁 Website : <a href="http://www.ha.org.hk/goto/sccp">www.ha.org.hk/goto/sccp</a></p>	<ul style="list-style-type: none"> <li>• 各區均設有「無煙新天地」戒煙輔導服務中心 Operates Smoking Counselling &amp; Cessation Centres in every district.</li> <li>• 為戒煙人士訂立合適的戒煙方案及定期跟進，並因應戒煙者的情況提供藥物協助戒煙 Offers counselling and regular follow-ups based on tailor-made treatment plan and provides drug treatment if indicated.</li> </ul>
 <p><b>東華三院</b> Tung Wah Group of Hospitals</p> <p><b>戒煙綜合 服務中心</b></p> <p><b>東華三院戒煙綜合服務中心</b> <b>Tung Wah Group of Hospitals Integrated Centre on Smoking Cessation</b></p> <p>查詢電話 Hotline : 1833 833 (按2字 Press 2) / 2332 8977 網頁 Website : <a href="http://icsc.tungwahcsd.org">icsc.tungwahcsd.org</a></p>	<ul style="list-style-type: none"> <li>• 提供免費及社區為本的戒煙服務，服務結合醫療及輔導，並針對個人的吸煙情況由跨專業團隊提供合適的戒煙計劃 Provides free and community based smoking cessation services. Offers integrated treatment with pharmacotherapy and counselling by multidisciplinary team in a tailor-made treatment plan according to individual needs.</li> <li>• 各服務中心均於主要交通樞紐 All centres are located at the traffic hub and major business areas.</li> </ul>



**博愛醫院中醫戒煙服務**  
**Pok Oi Hospital Smoking Cessation Service using Traditional Chinese Medicine**

查詢電話 Hotline : 1833 183 (按4字 Press 4) / 2607 1222

網頁 Website : [www.pokoi.org.hk](http://www.pokoi.org.hk)

- 以針灸及耳穴治療配合專業戒煙輔導及電話跟進  
Service adopts Chinese medical acupuncture plus professional smoking cessation counselling and follow-up calls.
- 服務遍及港九新界超過100個地點  
Over 100 service locations throughout Hong Kong Island, Kowloon and the New Territories.
- 針灸戒煙安全高效，醫師會根據戒煙者的體質狀況，提供健康調理建議  
Acupuncture treatment is safe and effective. Chinese Medicine Practitioner would give advice to the participants on recovering from the bad health caused by years of smoking in accordance with their health status.
- 戒煙服務費用全免  
Smoking cessation services are free of charge.



**HKU Med** LKS Faculty of Medicine  
School of Nursing  
香港大學護理學院

**香港大學青少年戒煙熱線**  
**HKU Youth Quitline**

查詢電話 Hotline : 1833 183 (按5字 Press 5) / 2855 9557 / 5111 4333  
(此電話設有 WhatsApp 服務  
This number also provides  
WhatsApp services)

網頁 Website : [www.nursing.hku.hk/yquit](http://www.nursing.hku.hk/yquit)

- 為25歲或以下的青少年吸煙者提供戒煙輔導  
Targets youth smokers aged 25 or below.
- 透過朋輩電話戒煙輔導員為青少年吸煙者提供免費電話戒煙輔導  
Provides free smoking cessation quitline service to youth smokers via peer smoking cessation counsellors.

**香港大學女性戒煙計劃**  
**HKU Women Quit**

查詢電話 Hotline : 3917 6658 / 6752 6266  
網頁 Website : [www.wquit.hku.hk](http://www.wquit.hku.hk)

- 為有意戒煙的女性而設  
Targets female smokers who would like to quit smoking.
- 資深護士顧問提供度身訂造的免費電話輔導  
Free tailor-made cessation programme is provided by experienced smoking cessation nurses via telephone counselling.



**九龍樂善堂**

The Lok Sin Tong Benevolent Society, Kowloon  
Since 1880 成立

**九龍樂善堂「愛·無煙」前線企業員工戒煙計劃**  
**Smoking Cessation Program in Workplace by The Lok Sin Tong Benevolent Society, Kowloon**

查詢電話 Hotline : 2272 9890  
網頁 Website : [www.scpw.hk](http://www.scpw.hk)

- 提供外展戒煙服務：包括協助機構建立「無煙工作間」、訂立企業無煙政策、提供無煙教育活動以及戒煙輔導服務  
Provides smoking cessation outreach services: includes helping corporate to establish smoke-free workplace, set up smoke-free internal policy, providing educational activities to smokers and non-smokers and providing counselling services to smokers.
- 鼓勵及幫助香港企業員工投入戒煙行列  
Encourages and supports employees to quit smoking.





## 支持機構 Supporting Organizations\*

### 工程界社促會

Association of Engineering Professionals in Society Ltd.

### 潮僑工商塑膠聯合總會有限公司

Chiu Chau Ind. & Comm. Plastic United Ass. Ltd.

### 珠海學院

Chu Hai College of Higher Education

### 香港城市大學

City University of Hong Kong

### 香港通訊業聯會

Communications Association of Hong Kong

### 建造業議會

Construction Industry Council

### 香港僱主聯合會

Employers' Federation of Hong Kong

### 環保工程商會有限公司

Environmental Contractors Management Association Limited

### 香港工業總會

Federation of Hong Kong Industries

### 香港九龍玉器工商聯會

Hong Kong & Kowloon Jade Merchants & Workers Union Association

### 香港中小企業促進發展協會

Hong Kong Association for Promotion & Development of SMEs

### 香港品牌發展局

Hong Kong Brand Development Council

### 香港潮州商會

Hong Kong Chiu Chow Chamber of Commerce

### 香港學術及職業資歷評審局

Hong Kong Council for Accreditation of Academic and Vocational Qualifications

### 香港牙醫學會

Hong Kong Dental Association

### 香港發展專業協會

Hong Kong Development Professionals Association

### 香港電器工程商會

Hong Kong Electrical Contractors' Association

### 香港電子業總會

Hong Kong Electronics Industry Council

### 香港展覽會議業協會

Hong Kong Exhibition & Convention Industry Association (HKECIA)

### 香港建築業承建商聯會

Hong Kong General Building Contractors Association

### 香港總商會

Hong Kong General Chamber of Commerce

### 香港會計師公會

Hong Kong Institute of Certified Public Accountants

### 香港人力資源管理學會

Hong Kong Institute of Human Resource Management

### 香港地產行政師學會

Hong Kong Institute of Real Estate Administrators

### 香港投資基金公會

Hong Kong Investment Funds Association

### 香港玉器商會

Hong Kong Jade Association

### 香港澳門緬甸工商會

Hong Kong Macau and Myanmar Chamber of Commerce & Industry

### 香港緬甸商會

Hong Kong Myanmar Chamber of Commerce

### 香港營養師學會

Hong Kong Nutritionists Society

### 香港光機電行業協會

Hong Kong Opto-Mechatronics Industries Association

### 香港塑膠機械協會

Hong Kong Plastic Machinery Association

### 香港生產力促進局

Hong Kong Productivity Council

### 香港專業及資深行政人員協會

Hong Kong Professionals And Senior Executives Association

### 香港中小企促進聯會

Hong Kong SME Development Federation Ltd.

### 香港表面處理學會

Hong Kong Surface Finishing Society

### 香港表廠商會

Hong Kong Watch Manufacturers Association Ltd.

### 香港布廠商會

Hong Kong Weaving Mills Association

### 香港無線科技商會

Hong Kong Wireless Technology Industry Association Limited

### 香港貨運物流業協會

Hongkong Association of Freight Forwarding and Logistics (HAFFA)

### 稻苗學會

Institution of Dining Art

### 互聯網專業協會

Internet Professional Association

### 國際青年商會香港總會

Junior Chamber International Hong Kong

### 九龍總商會

Kowloon Chamber of Commerce

### 九龍汽車駕駛教師公會

Kowloon Motor Driving Instructors' Association Limited

### 嶺南大學

Lingnan University

### 新西蘭商會

New Zealand Chamber of Commerce in Hong Kong

### 北區的士商會

North District Taxi Merchants Association

### 博愛醫院

Pok Oi Hospital

### 香港專業建築測量顧問公會

Professional Building Surveying Consultants Association of Hong Kong

### 香港專業保險經紀協會

Professional Insurance Brokers Association

### 香港餐務管理協會

The Association for Hong Kong Catering Services Management Ltd.

### 香港比利時盧森堡商會

The Belgium-Luxembourg Chamber of Commerce in Hong Kong

### 香港運輸物流學會

The Chartered Institute of Logistics and Transport in Hong Kong

### 香港華商銀行公會

The Chinese Banks' Association Ltd.

### 香港中華廠商聯合會

The Chinese Manufacturers' Association of Hong Kong

### 香港中文大學

The Chinese University of Hong Kong

### 香港鐘表業總會

The Federation of Hong Kong Watch Trades & Industries Ltd.

### 香港恒生大學

The Hang Seng University of Hong Kong

### 港九電業總會

The Hong Kong & Kowloon Electric Trade Association

### 香港演藝學院

The Hong Kong Academy for Performing Arts

### 香港銀行公會

The Hong Kong Association of Banks

### 香港物業管理公司協會

The Hong Kong Association of Property Management Companies

### 香港中華出入口商會

The Hong Kong Chinese Importers' & Exporters' Association

### 香港食品委員會

The Hong Kong Food Council

### 香港中小型企業總商會

The Hong Kong General Chamber of Small and Medium Business Ltd.

### 香港建築師學會

The Hong Kong Institute of Architects

### 香港特許秘書公會

The Hong Kong Institute of Chartered Secretaries

### 香港董事學會

The Hong Kong Institute of Directors

### 香港房屋經理學會

The Hong Kong Institute of Housing

### 香港工程師學會

The Hong Kong Institution of Engineers

### 香港醫學會

The Hong Kong Medical Association

### 香港藥行商會

The Hong Kong Medicine Dealers' Guild

### 香港復康會

The Hong Kong Society for Rehabilitation

### 香港科技大學

The Hong Kong University of Science and Technology

### 九龍樂善堂

The Lok Sin Tong Benevolent Society, Kowloon

### 香港地產建設商會

The Real Estate Developers Association of Hong Kong

### 香港大學

The University of Hong Kong

### 交通事業從業員協會

Traffic Services Employees Association

### 荃灣商會有限公司

Tsuen Wan Trade Association Ltd.

### 東華學院

Tung Wah College

### 仁愛堂有限公司

Yan Oi Tong Ltd.

\*排名以英文字母順序排列  
Names listed in alphabetical order



香港吸煙與健康委員會  
HONG KONG COUNCIL ON SMOKING AND HEALTH

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